

# S19 SCHOOL<sup>Of</sup> HIP\*HOP



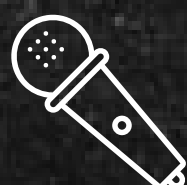
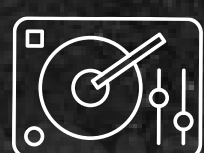
The **CULTURE** first  
not just the dance.

01

## 2024 COMMUNITY ACTIVATION

- SPEAKING ENGAGEMENT
- DEMONSTRATION
- PERFORMANCE
- CHOREOGRAPHY
- WORKSHOP

We work with you to find a dynamic,  
engaging educational experience  
for you and your organization!



#SHH2024

building Character, Confidence and  
Community through Hip Hop education

# What we offer: how we **GET DOWN** in 2024

...



## DEMONSTRATION:

### Hip Hop 101

Artist led discussion on how we define Hip Hop, demonstration on the core elements of the culture and dance

\$100-250 | 45-60 min | classroom

ART.  
MUSIC.  
POETRY.  
DANCE.  
CULTURE.



## WORKSHOP:

### 1,2 Step

All levels of experience welcome to learn the fundamentals of breaking (breakdance), grooves and freestyle

\$500 | 60 min | studio/gym/auditorium



## EACH1 TEACH1:

### Let's Build

A multi-lesson series / multidisciplinary workshop to dive deep into all aspects of the dance & artistic elements of the culture

\$750 | 90+ min | studio/gym



02

# the 5 elements of **BREAKING**

...



## TOP ROCK

Introduction of self  
& finding the **GROOVE**  
Bounce, rock & 2 step  
Pow wow step, Salsa rock

## GET DOWN

Transition to main body  
& finding the **ONE**  
Spin, hop & twist  
Pause, space



## FOOTWORK

What's the story?  
**ORIGINALITY & CHARACTER**  
Shapes, direction & levels  
Hooks, CCs, Zulu spins

## POWER

Acrobatic & Dynamic movement  
to add flow and an **EXPLOSIVE**  
effect to your story  
Windmills, backspins

## FREEZE

Punctuation to conclude your  
statement with an **EXCLAMATION!**  
point or a **QUESTION?** mark  
Baby freeze, handstand

# the 3 benefits of **HIP HOP** education

## 1. WELL-BEING

It gets you moving

## 2. CONFIDENCE

It gets you expressing

## 3. AWARENESS

It gets you thinking

# We hope to hear from you and look forward to learning with you.

...



"They make London a better place" - T. Johnson, City of London

"Nothing less than amazing" - M. Hanna, Principal LDCSB

"We need more programs like this. Highly recommend" - Sum-01, MC

"Amazing team! Great passion and talent" - Rivertown Dance Academy

04



Jim Han, Director  
519-860-5329

IG @519schoolofhiphop  
www.schoolofhiphop.ca  
schoolofhiphop2020@gmail.com

760 Little Simcoe St.  
London ON N5Z 1P4

#SHH2023