

S19 SCHOOL HIP HOP



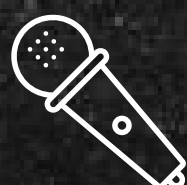
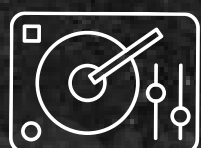
The **CULTURE** first
not just the dance.

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2025 COMMUNITY ACTIVATION

- SPEAKING ENGAGEMENT
- DEMONSTRATION
- PERFORMANCE
- CHOREOGRAPHY
- WORKSHOP

We work with you to find a dynamic,
engaging educational experience
for you and your organization!



#SHH2025

building Character, Confidence and
Community through Hip Hop education

What we offer: how we **GET DOWN** in 2025

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DEMONSTRATION:

Hip Hop 101

Artist led discussion on how we define Hip Hop, demonstration on the core elements of the culture and dance

\$250 | 45-60 min | classroom

ART.
MUSIC.
POETRY.
DANCE.
CULTURE.



WORKSHOP:

1,2 Step

All levels of experience welcome to learn the fundamentals of breaking (breakdance), grooves and freestyle

\$500 | 60 min | studio/gym/auditorium



EACH1 TEACH1:

Let's Build

A multi-lesson series / multidisciplinary workshop to dive deep into all aspects of the dance & artistic elements of the culture

\$750 | 90+ min | studio/gym



the 5 elements of **BREAKING**

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TOP ROCK

Introduction of self
& finding the **GROOVE**
Bounce, rock & 2 step
Pow wow step, Salsa rock

GET DOWN

Transition to main body
& finding the **ONE**
Spin, hop & twist
Pause, space



FOOTWORK

What's the story?
ORIGINALITY & **CHARACTER**
Shapes, direction & levels
Hooks, CCs, Zulu spins

POWER

Acrobatic & Dynamic movement
to add flow and an **EXPLOSIVE**
effect to your story
Windmills, backspins

FREEZE

Punctuation to conclude your
statement with an **EXCLAMATION!**
point or a **QUESTION?** mark
Baby freeze, handstand

the 3 benefits of **HIP HOP** education

1. WELL-BEING

It gets you moving

2. CONFIDENCE

It gets you expressing

3. AWARENESS

It gets you thinking

We hope to hear from you and look forward to learning with you.

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"They make London a better place" - T. Johnson, City of London

"Nothing less than amazing" - M. Hanna, Principal LDCSB

"We need more programs like this. Highly recommend" - Sum-01, MC

"Amazing team! Great passion and talent" - Rivertown Dance Academy

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